

# THE ACADEMY OF ORIENTAL MEDICINE



IN ASSOCIATION WITH  
**American Liberty University**

OFFER

## A BACHELOR OF SCIENCE DEGREE

IN

## ORIENTAL MEDICINE

OFFICE: 8 Broadway Parade, Elm Park  
Hornchurch  
Essex  
RM12 4RS  
ENGLAND

TEL: 01708 457390

EMAIL: [orientalmedicine@doctor662.fsworld.co.uk](mailto:orientalmedicine@doctor662.fsworld.co.uk)

WEBSITE: [www.academyoforientalmedicine.com](http://www.academyoforientalmedicine.com)

**3 YEAR COURSE IN (BSc)**

**TRADITIONAL CHINESE MEDICINE**

**INCLUDING:**

**Acupuncture and Moxibustion**  
**Anmo (Chinese Massage & Acupressure)**  
**Anmo Fu (Massage/balancing of the Internal organs)**  
**Tui Na (Chinese Physical Therapy)**  
**Advanced Acupuncture**  
**Auricular Acupuncture**  
**Tao Yin Cranial Balance**  
**Chinese Herbal Medicine**  
**Muscular Skeletal Testing & Evaluation**  
**Anatomy & Physiology**  
**First Aid**

There will be two sets of examinations, one set at module 18 to qualify in fundamental **T.C.M., Anmo (Chinese massage) etc.**, the other at the end of the three years to obtain a **Bachelor of Science Degree in Oriental Medicine, and Diplomas in Acupuncture & Moxibustion, Chinese Herbal Medicine and Advanced Tao-yin / Tui Na.**

The Course is set up in modular format with 15 modules per year, totalling 45 over 3 years (including examinations)

Towards the end of your course there will be optional trips to California and Beijing for additional lectures and clinical practice.

The Academy of Oriental Medicine have chosen to align themselves with the American Liberty University rather than a University within the United Kingdom for the following reasons: -

Firstly the state of California has already been through statutory regulation and the American Liberty University have emerged as one of the best, able to teach and qualify in Acupuncture and Oriental Medicine and because the American Liberty University specialize in Oriental Medicine they are able to guide students who wish to study to a higher level (M.Sc. or PhD) through to qualification.

THE PRICE OF THE COURSE IS: £600.00 DEPOSIT, £3080.00 PER YEAR FOR THREE YEARS TOTALING £9840.00

THIS INCLUDES WORKBOOK AND LECTURES. THERE WILL BE AN ADDITIONAL FEE FOR THOSE WHO WISH TO DO CLINICAL PRACTICE IN CHINA.

## **MODULE 1**

History – Yin & Yang	<ul style="list-style-type: none"> <li>• Basic knowledge and classification</li> <li>• Application in T.C.M.</li> </ul>
5 Elements	<ul style="list-style-type: none"> <li>• Classification</li> <li>• The law of movement</li> <li>• Application of theory</li> </ul>
Zang/Fu organs	<ul style="list-style-type: none"> <li>• 5 ZANG HT. LV. SP. KI. LU.</li> <li>• 6 FU ST. GB. UB. LI. SI. SJ.</li> <li>• Extraordinary FU organs</li> </ul>
Meridians	<ul style="list-style-type: none"> <li>• Lung &amp; Large Intestine</li> <li>• Point location, indications &amp; needling</li> </ul>

## **MODULE 2**

Oral Exam of Module 1	
Contra-indications	<ul style="list-style-type: none"> <li>• To Massage</li> </ul>
The muscular skeletal system	
Switching	<ul style="list-style-type: none"> <li>• introduction to muscle testing therapy, localising &amp; challenging</li> </ul>
ANMO	<ul style="list-style-type: none"> <li>• massage techniques of the whole body</li> </ul>
Full body massaging	<ul style="list-style-type: none"> <li>• towel technique, oils etc.</li> </ul>

## **MODULE 3**

Oral Exam of Module 2	
Three Treasures	<ul style="list-style-type: none"> <li>• QI, SHEN, JING</li> <li>• ENERGY, SPIRIT, ESSENCE</li> </ul>
Introduction to acupuncture	<ul style="list-style-type: none"> <li>• ZANG/FU organ relationship</li> </ul>
Meridians	<ul style="list-style-type: none"> <li>• Spleen &amp; Stomach</li> <li>• Point locations, indications &amp; needling</li> </ul>

## **MODULE 4**

Oral exam of module 3	
Muscle testing	<ul style="list-style-type: none"><li>• Gait theory, Pitch / roll / yaw</li><li>• Psoas, Latissimus Dorsi, Hamstrings</li><li>• Trapezius-upper/middle/lower</li><li>• Origin, insertion &amp; action of muscles</li></ul>
Classical Tui Na	<ul style="list-style-type: none"><li>• Joint mobilization and stretches</li></ul>

## **MODULE 5**

Oral exam of module 4	
Aetiology and Pathogenesis	
Causing factors of disease	<ul style="list-style-type: none"><li>• 6 exogenous</li><li>• 7 emotional</li></ul>
Diagnostic methods	<ul style="list-style-type: none"><li>• Tongue / pulse etc.</li></ul>
Meridians	<ul style="list-style-type: none"><li>• Heart, small intestine &amp; urinary bladder</li><li>• Point locations, indication &amp; needling</li></ul>

## **REVISION OF ALL PREVIOUS MODULES**

## **MODULE 6**

Oral exam of module 5	
Meridians	<ul style="list-style-type: none"><li>• Basic concept, function</li><li>• Flow and distribution of 12 regular and 2 extra meridians</li></ul>
Contra-indications	<ul style="list-style-type: none"><li>• To Acupuncture / Needling</li></ul>
Meridians	<ul style="list-style-type: none"><li>• Kidney, Pericardium &amp; San Jiao</li><li>• Point location, indication &amp; needling</li></ul>
Differentiation	

## **MODULE 7**

Oral exam of module 6	
Layers of skin	
Muscle testing	<ul style="list-style-type: none"><li>• Quads, iliacus, Quadratus Lumborum</li><li>• Testing- origin, insertion &amp; action</li></ul>
Blood supply	<ul style="list-style-type: none"><li>• Upper &amp; lower extremities</li></ul>
The digestive system	<ul style="list-style-type: none"><li>• How the body digests &amp; absorbs etc.</li></ul>
ANMO FU	<ul style="list-style-type: none"><li>• Internal organ massage</li><li>• For chemical / mental / physical problems</li></ul>

## **MODULE 8**

Oral exam of module 7	
Differentiation	<ul style="list-style-type: none"><li>• 8 principles</li><li>• Theory of Qi &amp; Blood</li><li>• Theory of ZANG-FU organs</li><li>• Theory of meridians</li></ul>
Qi – blood – body fluid	<ul style="list-style-type: none"><li>• Classification, production &amp; function</li><li>• Their relationship</li></ul>
Meridians	<ul style="list-style-type: none"><li>• Gall bladder &amp; Liver</li><li>• Point location, indication &amp; needling</li></ul>

## **MODULE 9**

**FULL REVISION OF MODULES 1-8 AND ALL SKILLS OBTAINED  
WRITTEN EXAM OF MODULES 1-8**

## **MODULE 10**

Muscle testing	<ul style="list-style-type: none"><li>• T.F.L., Deltoids, S.C.M., G Max, G med.</li></ul>
Orthopaedic challenges	<ul style="list-style-type: none"><li>• Draw sign, flexion / extension etc.</li></ul>
The law of the flexible rod	
Tui-na corrective treatments for:	<ul style="list-style-type: none"><li>• The upper extremity</li><li>• The lower extremity</li><li>• The spinal column</li></ul>

## **MODULE 11**

Oral exam of module 10	
Acupoints	<ul style="list-style-type: none"><li>• Classification &amp; location</li><li>• Therapeutic properties</li></ul>
Cupping	<ul style="list-style-type: none"><li>• Application &amp; methods</li><li>• Contra-indications</li></ul>
Moxibustion	<ul style="list-style-type: none"><li>• Application &amp; methods</li><li>• Contra-indications</li></ul>
Meridians	<ul style="list-style-type: none"><li>• Ren &amp; Du channels</li><li>• Point locations, indications &amp; needling</li></ul>

## **MODULE 12**

Oral exam of module 11	
Acupuncture techniques	<ul style="list-style-type: none"><li>• Needling methods (Tonification etc.)</li><li>• Precautions &amp; contra-indications</li></ul>
Basic principles of treatment	<ul style="list-style-type: none"><li>• Selection and application of points</li></ul>
Extra points	<ul style="list-style-type: none"><li>• Point location, indication &amp; needling</li></ul>

### **MODULE 13**

Oral exam of module 12	
Clinical management & hygiene	<ul style="list-style-type: none"><li>• Health &amp; Safety</li><li>• Registration &amp; Insurance</li><li>• Clinical Waste</li><li>• Laws</li></ul>
Diseases of the head, trunk & lumbar	
Gynaecological diseases	

### **REVISION OF MERIDIANS & CONTRA-INDICATIONS**

### **MODULE 14**

Oral exam of module 13	
Paediatric diseases	
Emergency diseases	
<b>REVISION</b>	

### **MODULE 15**

Oral exam of module 14	
External diseases	<ul style="list-style-type: none"><li>• Diseases of the eye / ear / nose / throat</li></ul>
Skin diseases	<ul style="list-style-type: none"><li>• Eczema / psoriasis etc.</li></ul>

### **MODULE 16 & 17**

<b>REVISION</b>
<b>CLINICAL PRACTICE</b>

## **MODULE 18**

EXAMINATION WEEKEND TO OBTAIN A QUALIFICATION IN THE FUNDAMENTALS OF:  
**T.C.M. Theory, Tao-yin (Anmo-Chinese massage, Anmo Fu -organ massage, etc.), T.C.M. Diagnosis, Anatomy & Physiology, and Muscular skeletal evaluation.**

<b>DAY 1</b>	<b>THEORY EXAMINATIONS</b> Anatomy & Physiology, T.C.M.
<b>DAY 2</b>	<b>PRACTICE</b>

## **MODULE 19**

Introduction to TAO YIN CRANIAL  4 STEP CRANIAL	<ul style="list-style-type: none"><li>• Occipital (C1, C2, C3)</li><li>• Temporal</li><li>• Sphenoid</li><li>• Frontal</li><li>• Sacral float</li></ul>
Tests	<ul style="list-style-type: none"><li>• Flexion &amp; Extension,</li><li>• Inspiration &amp; Expiration</li></ul>

## **MODULE 20**

<b>AURICULAR ACUPUNCTURE</b>
Incorporating with regular treatments
Auricular acupuncture to treat addictions / stress effects

## **MODULE 21**

Oral exam of modules 19/20
1 <sup>st</sup> structural pattern of dysfunction
Ipsi gait, separation of the sacroiliac ligaments, Lats, K27,
1 <sup>st</sup> rib, T.M.J.
Balancing the body by anchoring response and muscular skeletal re-patterning

## **MODULE 22**

Advanced T.C.M Theory	<ul style="list-style-type: none"><li>• The Five Shu Points</li><li>• Jing (Well), Ying (Spring), Shu (Stream), Jing (River) &amp; He (Sea)</li><li>• The Eight Mysterious Flows – Confluent Points</li><li>• Xi – Cleft Points</li><li>• Yuan Primary Points</li><li>• Luo Connecting Points</li></ul>
The Eight Influential Points	
Advanced Treatment of Disease	

### **REVISION OF BACK SHU & FRONT MU POINTS**

## **MODULE 23**

The Pelvis	<ul style="list-style-type: none"><li>• Pelvic Categories 1, 2, &amp; 3</li></ul>
Pelvic Dysfunction	<ul style="list-style-type: none"><li>• Testing, Treatment &amp; Balancing through the bodies centre of gravity.</li><li>• Spring test, Nutation &amp; Counter-nutation</li></ul>
Basics of Qi Gung	<ul style="list-style-type: none"><li>• Positional Release Techniques</li></ul>

## **MODULES 24-31**

### **CHINESE HERBAL MEDICINE**

Clinical Practice in Acupuncture & Chinese Herbal Medicine

## **MODULE 32**

Tui Na Manipulative Techniques

### **REVISION OF ALL ACUPUNCTURE, ANMO & TUI NA TECHNIQUES AND APPLICATION**

### **MODULE 33**

#### **HUANG TI NEI JING**

One of the 4 constitution related Chinese medicine disciplines. Includes physiology, pathology, anatomy, diagnosis, meridians, acupuncture, moxibustion and the Five Element phases and six climatic energies.

### **MODULE 34**

#### **TAO-YIN CRANIAL BALANCE PT. 2**

Balancing

- Parietal, T.M.J., S.B.S., Palatine, Sutures, 4vc.

### **MODULE 35**

#### **SHANG HAN LUN**

One of the 4 constitution related Chinese Medicine disciplines. Includes the classic theories of infectious diseases caused by exogenous wind and cold factors; aetiology, clinical manifestations, pulse & tongue signs, indications and complications at different stages and basic therapeutic treatments

### **MODULE 36**

#### **FIRST AID MODULE**

### **MODULE 37**

#### **WEN BIN XUE**

One of the 4 constitution related Chinese medicine disciplines. Includes treatment on acute epidemic febrile diseases, epidemic fevers and outline of epidemic febrile and seasonal diseases.

### **MODULE 38**

#### **JIN KUI YAO LUE FANG LUN**

One of the 4 constitution related Chinese medicine related disciplines. Includes internal medicine, treated disease and gynecological problems.

### **MODULE 39**

The approach of using Traditional Chinese Medicine as a whole to treat disease  
Chemical, mental, physical etc.

**UNDERSTANDING DISEASE.**

**MODULE 40-44**

**CLINICAL PRACTICE AND REVISION**

**MODULE 45**

**FINAL EXAMS (OVER 2 DAYS) PRACTICAL & THEORY TO OBTAIN:**

**BACHELOR OF SCIENCE DEGREE IN ORIENTAL MEDICINE**  
**FROM THE AMERICAN LIBERTY UNIVERSITY**  
**DIPLOMA IN: ACUPUNCTURE & MOXIBUSTION**  
**CHINESE HERBAL MEDICINE**  
**ADVANCED TAO-YIN, INC. TUI NA ETC.**



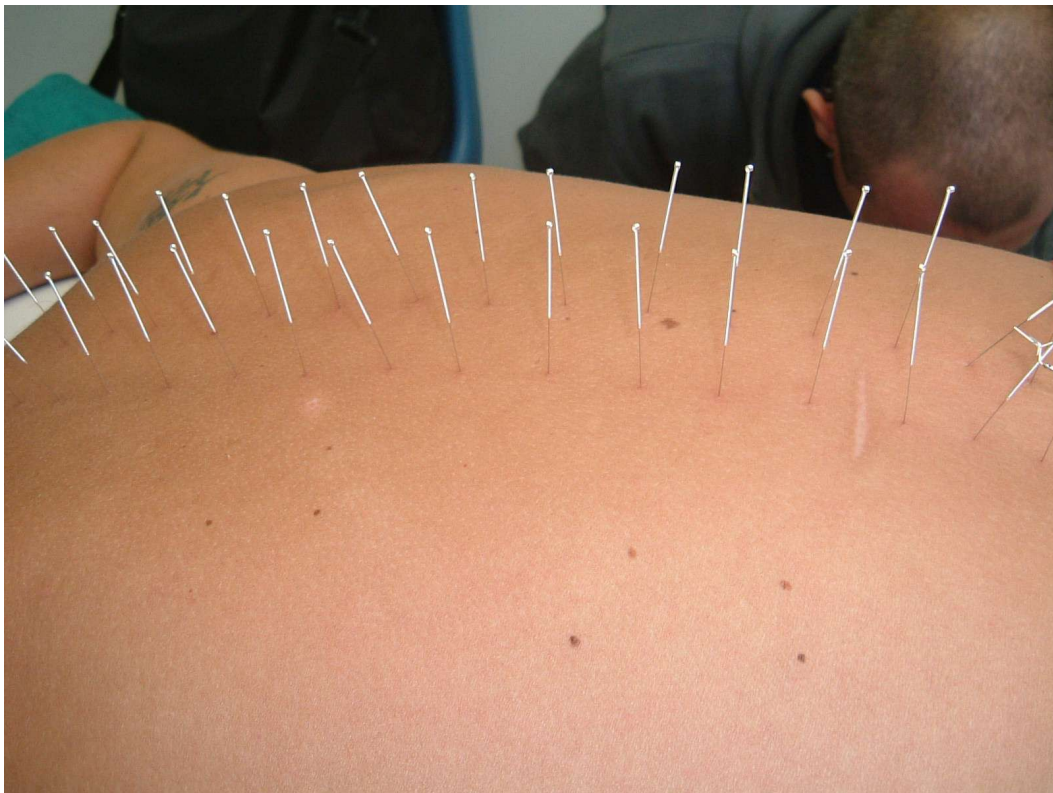
**A RELAXED ATMOSPHERE IN OUR TRAINING ACADEMY**



Top: Graham performing a Tui Na mobilization technique  
Bottom: Alison answering some questions on T.C.M. theory



Professor Zhao needling "Yingtang" on Philip



Students practicing needling the Bladder meridian

**TERMS AND CONDITIONS**

*Please read the following carefully. Sign, date and return the document with your application.*

1. **The Academy of Oriental Medicine reserves all ‘copyright’ of the materials Supplied for the course and must not be reproduced in any way except with the explicit written agreement of the Institute.**
2. **No student may subsequently utilize course material by infringing the Academy’s copyright either before or after qualifying.**
3. **The Academy reserves the right to alter course fees where necessary and Make changes to course material, dates and locations of training.**
4. **Upon enrolling on the course the student must promise not to set himself/ Herself up as a practitioner until the course has been completed and the relevant assessment by the Academy has been passed.**
5. **Residential training dates confirmed in writing between the Institute and the Student is non-changeable.**
6. **No enrolment is accepted unless this form is completed, signed, and sent, together with the appropriate remittance: Cheques should be made payable to: Three Treasures Ltd or Health and Healing Ltd.**
7. **Cancellations will only be accepted before one month prior to the commencement of the course. This will be the official start date of the course notified to you in writing. The Institute will refund any monies paid less the deposit, flight fares (if purchased) and a £100 administration charge**
8. **Should a student decide to leave the course early for any reason, fees will be refunded where paid in advance at the discretion of the Institute less the deposit, flight fares and a £100 administration charge.**
9. **All flights are non-changeable, non-transferable and non-refundable.**
10. **It is the responsibility of the student to obtain a Visitors Visa from the Chinese Embassy in London or Manchester (at least six weeks prior to departure).**
11. **It is the responsibility of the student to organise and pay for personal travel arrangements to and from UK airports and residential training at one of our training centers in Europe.**
12. **The Academy agrees to supply flights, accommodation in China and set meals only – all extras will be the responsibility of the student. Accommodation in the UK is the sole responsibility of the student.**
13. **All students must agree to attend a one-day First Aid course with St John’s Ambulance Brigade, at a local center prior to the completion of the course.**
14. **Enrolment indicates acceptance of these Terms and Conditions.**

**Signed..... Date.....**

**ENROLMENT FORM**

**NAME:**

**D.O.B.**

**ADDRESS**

**TEL:**

**MOBILE:**

**E-mail:**

**OCCUPATION:**

**PREVIOUS MEDICAL EXPERIENCE  
(WESTERN OR OTHER)**

**COURSE YOU ARE APPLYING FOR ENROLMENT ON:**

**N.B.**

**CHEQUES FOR DEPOSIT PAYABLE TO EITHER:**

**THREE TREASURES LTD or HEALTH & HEALING LTD**